

# The Perth Paediatrician & Psychiatrist List

MARCH 2023



[WWW.PERTHKIDSHUB.COM.AU](http://WWW.PERTHKIDSHUB.COM.AU)



# Welcome

I'm Pia, the Mum behind Perth Kids Hub.

In October 2021 I started collating and sharing a free list of paediatricians and allied health professionals to help families who were desperately seeking assessment and support.

This list has since grown into a website that connects Perth families with support and resources for their child's development, health and wellbeing. [Spoiler alert - it's still just me bashing this out when the kids sleep.]

In the 18 months that I have been compiling this list, I have never seen things so bad.

I have contacted **every** paediatrician and child & adolescent psychiatrist that I could find in Perth and Western Australia. I've even looked into telehealth options with interstate psychiatrists and paediatricians.

**For the first time, I have nowhere to recommend families send their referral to.**

No one is accepting referrals for assessment and treatment for developmental or behavioural referrals. Or if they are, it's to sit on a waitlist for 12 months to two years. Or you can receive an ADHD diagnosis but not access the medication that is - according to the [AADPA guidelines](#) - the gold standard in treatment.

It is not good enough. Our families and children should have timely access to early assessment and support. My heart breaks for you all and I understand how devastating this news is.

I feel like I have let you down. I want you to know, I will keep looking for you. And I will be adding my voice to those who are calling for something to change and soon.

*Pia*



# What do I do?

*There are a small number of developmental paediatricians in Perth and a huge demand for appointments. Most are at capacity and have closed their books. It's dire. If you are in that situation, I am so sorry. I understand how stressful this process is – you just want your child to be happy. A diagnosis offers answers and a pathway to treatment and support. To understanding yourself and how your brain works.*

*There are things you can do that may help in the triaging of your referral to a paediatrician and also while you are waiting to see one. Here are a few of my ideas for you.*

## Do not wait for a diagnosis.

I can't sugar coat it – families are going to be waiting anywhere from 6 months to 2 years to see a paediatrician and get a formal diagnosis.

**Please, do not wait.** There is so much that you can do to help your child and your family in the meantime. Here are a few ideas.

You **do not need a referral to see an allied health practitioner** such as a psychologist, play therapist, speech pathologist or occupational therapist.

If you are concerned about a speech delay, a hearing test and review by a speech pathologist are recommended.

Many have long waitlists but I am constantly adding to the Perth Kids Hub website therapists with availability. There is always movement – people moving back to Perth, therapists returning from maternity leave or increasing their days as their kids get older.

If your child is under 6 years of age, you do not need a formal diagnosis to apply for the **National Disability Insurance Agency's Early Childhood Approach**.

**CliniKids** offer the Inklings program for children aged between 6–18 months who are showing early differences in the way they communicate and interact.

**ASDetect** is a FREE app based on research by the Olga Tennison Autism Research Centre at La Trobe University. It provides an early autism detection method that they say is 83% accurate and can be used with children aged 11 to 30 months.

**Telethon Speech and Hearing** have paediatric audiologists who can test your child's hearing as well as the general health of their hearing system.

Telethon Speech and Hearing also run a small school at their Wembley campus. They host playgroup sessions and Kindy and Pre-Primary programs that are attended 1–2 days per week, while the student attends their local school on the remaining days.

The class sizes are tiny with a maximum of 13 students and they have such great support with a highly trained teacher leading the group and support by education assistants and speech pathologists, occupational therapists to run small group sessions.

The **Chatterbox** and **Talkabout** programs are best suited for children with a speech and language delay or disorder from 18 months to 6 years. You do not need a referral to attend. Students graduate from the part time program with the aim of being full time at their local school by year one.

## Join & learn.

Find a support organisation and/or group for your concerns and learn as much as you can.

Often there are people who are a few steps ahead of you who can give real-time recommendations on what has helped for their child/children. Many run support groups, workshops and training for members and parents.

Organisations to check out include: **Carers WA, ADHD WA, Kalparrin, Developmental Disability WA and DSF**.

"Bring some distractions for when you want to discuss more difficult aspects of their development or mental health and you can't leave them outside the room. An iPad and headphones or colouring in."

DR ANDREW LEECH

## Find a GP who listens.

Paediatricians require a GP referral to be sent through before they can add you to their waitlist. They use the information on the referral to triage (prioritise) the referral based on urgency of need.

Your GP is the key person who can help you navigate the medical system and access support.

It is always better to get a referral from a GP who knows your child and who sees you regularly as they can provide relevant information in the referral letter.

If you haven't found someone you and your child click with, then this is the single most important thing you can do.

**The Garden Family Medical Centre General Practitioner Dr. Andrew Leech** suggests asking the receptionist which GP has a special interest in ADHD or who tends to see children.

"It might take us a while to get to know you and your family but we can help. One consultation is never enough. Find a GP who listens to you and allows your child time to talk. This helps your child feel validated," Dr Leech said.

"Help the GP understand how it affects you or your child by giving some examples of day-to-day life at home and school. GPs can also do a physical health check, order blood tests or refer for hearing, vision or sleep studies," Dr Leech says.

They may be able to offer you simultaneous referrals for allied health, paediatrician, hearing and vision testing and Early Childhood Approach (if under 7 years).

## Go long.

Book a long appointment with your GP to request the referral. This will allow more time to discuss your concerns and for your GP to prepare a more comprehensive referral.

## Provide the info they need.

I've been sent a lot of referrals that say "Mum is concerned child has ADHD/ASD" – and that's it.

GPs are under huge time pressure.

Families, you can help out by collating a summary of concerns to go along with your referral that provides input into the clinic's triage process.

Dr Leech recommends bringing to the GP appointment a letter from the teacher with an update, a recent school report, NAPLAN results if applicable and your own letter summarising what it is like at home with examples.

The following information can also be helpful to accompany your referral:

- Family structure
- Previous developmental milestones
- Past medical history
- Previous interventions and response e.g. occupational therapy
- Any supplements or medications
- Any school supports in place
- Copy of latest school report or summary of any concerns that may have been raised by the school
- If the GP is willing to be a co-prescriber of medications (especially ADHD stimulant medications)
- Copy of Family Court orders (if relevant).

## Summarise.

I have started taking a **typed dot point summary** of relevant information and handing that to our GP. It gives them a chance to read everything I think is relevant and then ask questions. It also stops me from forgetting what I need to say or ask.

A written summary is also super helpful if your child is in the room and there are things you would like to update the GP on that you would rather little ears didn't hear. An iPad and headphones are also handy.

## Check who to see.

Check with your GP about your concerns and who is the most appropriate specialty to diagnose and support your child.

**Not all conditions require diagnosis by a paediatrician.** So make sure before you get on a waitlist that you DO need to see one.

If mental health is the primary concern, then referral to a psychologist and psychiatrist may be recommended.

While both psychiatrists and paediatricians can prescribe medication for children, psychiatrists have additional mental health training.

## Mental Health.

If you intend to apply for additional funding and support at school for a **severe mental health disorder** such as an anxiety disorder – then diagnosis by a child and adolescent psychiatrist may be required.

The Western Australian Department of Education previously published eligibility requirements that required:

- a letter of diagnosis from a child and adolescent psychiatrist
- a statement from the child and adolescent mental health practitioner who is providing active ongoing treatment.

**A temporary resource could be provided for students awaiting assessment** by a child and adolescent psychiatrist pending an assessment by the Lead School Psychologist and evidence confirming a psychiatric appointment had been made.

Unfortunately, the eligibility requirements have been removed from the Department's website with the direction to ask your school for guidance on applying for disability funding.

## Support at school.

You can request a letter stating that you are on a waitlist to see a paediatrician / psychiatrist and provide this to your school to support interim accommodations or an application for an **Individual Disability Allocation (IDA)**.

In my experience, schools are often just as bewildered as parents about what can and can't be funded. It can pay to seek clarification or a second opinion.

Ask your school if your child requires an **individual education plan (IEP)**.

Most children who require a lot of changes to their education program or their environment will need one and it also ensures the school receives a budget allocation for your child under the student-centred funding model.

## Ask your GP about support.

Ask your GP about **funding and supports** that are available as goodness me, it all adds up. Not only financially, but the additional stress can be really tough for you as a parent and on your family or relationship.

"I like to see parents or caregivers one-to-one to discuss more difficult issues going on for them. Parents need their own support," said Dr Leech.

Ask about whether a **Better Access to Mental Health plan** may be suitable for your child or for you to help support your own mental health. In a calendar year, you could receive psychological therapy services up to the combined limit of 10 individual services and 10 group services such as a group therapy program run by a psychologist, social worker or an occupational therapist.

Other supports and sources of funding include the **Chronic Disease GP Management Plans** for chronic medical conditions that have been or are likely to be present for at least six months. This includes asthma, musculoskeletal conditions and diabetes.

To be eligible the patient must be managed by the GP along with at least two other collaborating health or care providers.

There is also an **eating disorder treatment and management plan** that provides up to 40 psychological treatment services and 20 dietetics consultations.

**Kalparrin** offers a fantastic Next Steps session to help you navigate the supports and services that are out there including access to government funding.

The informal sessions are one-on-ones led by Peer Navigators with lived experience of raising a child with disability or developmental delay. Membership is free and open to all families in WA – including families of children with ADHD and autism.

## Hang in there.

There are a lot of great people advocating for change in WA to help families get access to child development services.

Families – hang in there. It is HARD.

Ask for help, work with your GP, find support from a community of people who understand what it's like. And if you have any advice or tips for families on this journey, please let me know!

### Further Resources

Children with special educational needs - Department of Education (WA)

Disability Standards for Education 2005 - Department of Education, Australian Government

Education • Developmental Disability WA - DDWA

Education – Kalparrin

Programs & Services | Telethon Speech & Hearing (tsh.org.au)

Paediatric Clinics are listed under four geographical areas.

**01 CENTRAL & WEST 9**

- BabySteps
- Dr Helen Frearson
- Hollywood Specialist Centre
- McCourt Street Paediatrics
- Paediatric Therapy and Developmental Services
- PaedsWest
- Patches
- Perth Child Development Centre
- Perth Developmental Paediatrics
- Perth Paediatrics
- Smart Paeds
- Starbloom Paediatrics
- The Elizabeth Clinic
- The Swiss Family Clinic

**02 NORTH METRO 11**

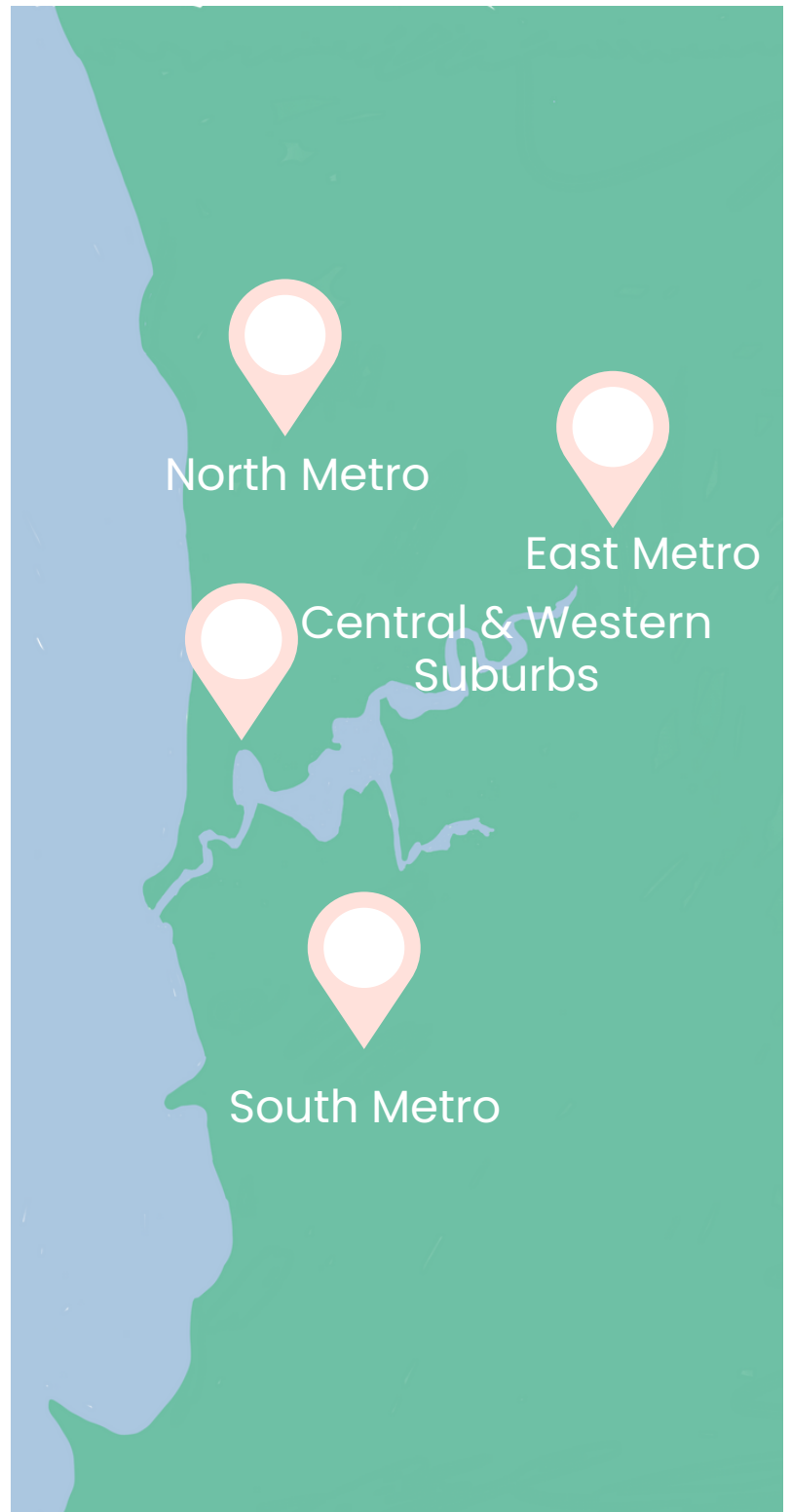
- Joondalup Health Campus
- Dr Ian Everitt
- Kids Doctor
- Paeds Plus

**03 SOUTH METRO 12**

- Dr Andrew Savery
- Chester Tan Developmental Centre
- Mandurah Paediatrics
- Murdoch Paediatrics
- Perth Kids Clinic
- Perth Paediatrics
- St James Family Medical & St James Specialist
- Wexford Kids

**04 EAST METRO 13**

- Dr Richard Christie



# Referral Checklist

You must have a GP referral to see a paediatrician, psychiatrist or neurologist. Please do not phone clinics to enquire if they are accepting referrals - they cannot assess if they are the appropriate clinic for you by a phone enquiry. If you do call, please be patient and polite.

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## BOOK A LONG GP APPOINTMENT

- Your GP will be your key partner in future management regardless of the paediatrician or psychiatrist you will ultimately see
- Book with a GP who knows your family well and can provide ongoing support
- Request a long appointment
- You may need a second appointment

## CREATE A SHORTLIST OF PAEDIATRICIANS

- Visit their websites and check if they use specific referral form/s or have any specific requirements for referrals so you can advise your GP

## COLLATE INFORMATION FOR YOUR GP

- See page 5 for ideas on what to bring to your appointment

## VISIT YOUR GP

- Discuss your concerns
- Check if a paediatrician referral is actually required (see page 5 for more)
- Rule out any other health, vision or hearing concerns
- Discuss referral to allied health for your child
- Discuss parenting and/or sibling support programs
- Discuss mental health, relationship and family support
- Ask what interim support is available for you, your child and family (you could be waiting up to 2 years)
- Book regular follow up appointments with your GP - school holidays can be a good opportunity to check in
- Email your referral or submit via website depending on practice requirements (usually listed on website)



# 01 Central & Western Suburbs

Paediatric Practice	Suburb	Paediatricians		Availability
<b>BabySteps</b> 9387 2844 admin@babystepshealth.com.au www.babystepshealth.com.au	WEMBLEY	Dr Stephen	Bilkey	Books closed.  BabySteps has GPs with additional training in child development who may be able to help you. You can book a developmental progress consultation through the website or by calling. They can help you access support while you are waiting to see a paediatrician or may be able to assist in a way that an appointment is no longer required.
<b>Helen Frearson</b> 9381 4522	SUBIACO	Dr Helen	Frearson	Books closed.
<b>Hollywood Specialist Centre</b> 9386 1004	NEDLANDS	Dr Ashanthi	Munasinghe	Books closed.
<b>McCourt Street Paediatrics</b> 9380 6055 mccourtstreet.paed@hotmail.com mccourtstreetpaediatrics.weebly.com	WEST LEEDERVILLE	Dr Lynda	Chadwick	Books closed. Children up to 10 years.
		Dr John	Wray	Books permanently closed to new patients.
<b>Paediatric Therapy and Developmental Services</b> 9387 5937 reception@drmarkparker.com.au www.drmarkparker.com.au	WEMBLEY	Dr Mark	Parker	Books closed. Babies only.
<b>PaedsWest</b> 9271 1425 reception@paedswest.com.au www.paedswest.com.au	MT LAWLEY	<b>Dr Maina</b>	<b>Kava</b>	<b>Books open for bookings from June onwards. Paediatrician and paediatric neurologist.</b>
		<b>Dr Ravisha</b>	<b>Srinivas Jois</b>	<b>Books open for bookings from June onwards. Children up to 6 years only.</b>
		<b>TBA</b>	<b>Female paediatrician and paediatric neurologist (female) commencing in April.</b>	
<b>Priority EEGs school hours, after school / evening EEGs are available with a doctor's referral. EEG reports are sent to the referring doctor and families do not need to return to see a neurologist. EEG referrals can be done through the request form on the website.</b>				
<b>Perth Developmental Paediatrics</b> 9242 1425 admin@perthdevelopmentalpaediatrics.com.au	COOLBINIA	Dr Carole	Caccetta	Books closed.
		Dr Stephanie	Greeff	Books closed.

# 01 Central & Western Suburbs (CONT'D)

Paediatric Practice	Suburb	Paediatricians		Availability
<b>Patches</b>	NEDLANDS	Dr James Fitzpatrick	Fitzpatrick	<p><b>One-off assessments only (ASD, ADHD, FASD) - six month waitlist.</b></p> <p><b>Unable to assist with ongoing ADHD medication management, however can do assessment and provide diagnosis.</b></p> <p>GP referrals to specifically mention indicating behaviours and what is to be assessed for eg Autism. Full assessment service provided in-house with speech pathologist and psychologist if required. See the Patches website for their referral form.</p>
<b>Perth Child Development Centre</b> 6153 4535 perthcdc@outlook.com	MT LAWLEY	Dr Indrajit Karande	Karande	Books closed.
		Dr Amruta Pendse	Pendse	Books closed.
<b>Perth Paediatrics</b> 6162 1615 contact@perthpaediatrics.com.au	Leederville	Dr Murali Narayan	Narayan	Books closed.
		Dr Shveta Patel	Patel	Books closed.
		Dr Chia Saw	Saw	Books closed.
<b>Smart Paeds</b> 9468 3622 smartpaeds@outlook.com www.smartpaeds.com <b>Note new email and website.</b>	MT LAWLEY	Dr Mohammad Jehangir	Jehangir	Books closed.
		Dr Imali Yap Kulatunga	Kulatunga	<b>Books are closed.</b> <b>Referral only via website. Check website at the beginning of the month for availability.</b>
		Dr Amber Tahir	Tahir	
<b>Starbloom Paediatrics</b> 6424 8199 info@starbloom.com.au starbloom.com.au	NEDLANDS	Dr Katherine Stokes	Stokes	Books closed.
		Dr Alya Ishak	Ishak	General paediatrician who sub-specialises in respiratory and sleep medicine. NOT accepting referrals for purely developmental concerns.
<b>The Elizabeth Clinic</b> 9384 4565 enquiries@elizabethclinic.com.au	NEDLANDS	Dr Emma Argiro	Argiro	Books closed.
		Dr Aggie Bakowski	Bakowski	Books closed.
		Dr Rae-Chi Huang	Huang	Books closed.
		Dr Gavin Hutana	Hutana	Books closed.
		Dr Veronika Kretzer	Kretzer	Books closed.
<b>The Swiss Family Clinic</b> 6255 5333 info@swissfamilyclinic.com.au	SUBIACO	Dr Nikki Panotidis	Panotidis	Books closed.
		Dr Donald Payne	Payne	Books closed.

# 02 Northern Suburbs

Paediatric Practice	Suburb	Paediatricians		Availability
<b>Joondalup Health Campus</b> 9300 9559	JOONDALUP	Dr Lana	Bell	Books closed.
		Dr Alide	Smit	Books closed.
9400 9910		Dr Brad	Jongeling	Babies and general paediatrics only.
9400 9889		Dr Andrew	Haak	Babies and general paediatrics only.
		Dr Jamie	Tan	Not accepting developmental or behavioural referrals including ADHD.
9400 9889 admin@brittonpaediatrics.com.au		Dr Katie	Britton	Medical referrals only. Not accepting developmental or behavioural referrals.
9400 9400		Dr Paul	Porter	Paediatric endocrinology.
<b>Dr Ian Everitt</b> 9203 5414 lisa@ianeveritt.com.au	WARWICK	Dr Ian	Everitt	General paediatrician. Not accepting developmental or behavioural referrals including ADHD, and autism. Medical referrals only. Email GP referral. Wait time 8-12 weeks.
<b>Kids Doctor</b> 9300 3002 reception@kidsdoctor.com.au www.kidsdoctor.com.au	JOONDALUP	Dr David	Roberts	<b>RETIRING JANUARY 2025.</b> Dr Roberts is transitioning to retirement in January 2025. A small amount of referrals are being accepted for primary school aged children only. Please email GP referrals addressed to Dr Roberts along with supporting document and we will contact you.
<b>PaedsPlus</b> 6388 4422 admin@paedsplus.com.au	CURRAMBINE	Dr Gareth	Kameron	Books open for new referrals. Referral via website only. Waitlist updates published online and updated frequently. Approx 2 years for ADHD. In-house paediatric allied health team including dietitian, occupational therapist, provisional psychologist and speech pathologists. Recruiting for a psychiatrist to join the team.
		Dr Omid	Khojasteh	
		<b>Dr Tomi</b>	<b>Ibilola</b>	<b>Has now started with PaedsPlus and is currently working through received referrals.</b>

# 03 Southern Suburbs

Paediatric Practice	Suburb	Paediatricians		Availability
<b>Andrew Savery</b> 9317 8755 reception@drsavery.com.au	BOORAGOON	Dr Andrew	Savery	<b>Retiring in 2023.</b> Books closed. Each family will receive a copy of their clinic letters at their final appointment so they can provide copies to their new choice of paediatrician for continuity of care.
<b>Chester Tan Developmental Centre</b> 9300 3002 admin@drtan.com.au	WINTHROP	Dr Chester	Tan	Books closed. May reopen second half 2023. Dr Michelle Musca who was completing neurodevelopmental pre-assessments is currently on maternity leave.
<b>Mandurah Paediatrics / Nest Medical</b> (08) 9534 8133 medical.reception@nestmedical.com.au	MANDURAH	Dr Michelle	Howell	Books closed for new developmental / ADHD / ASD / learning difficulties for remainder of 2023. Open for new medical referrals. Advising patients to contact in nine months to see how the waitlist is progressing.
<b>Murdoch Paediatrics</b> 9310 8778 info@murdochpaediatrics.com.au	MURDOCH	Dr Charles	Crompton	<b>Books closed until May 2023. ADHD referrals only for children 6-13 years old. Email through: GP referral, 1 recent school report and if parents could also summarise the issues they are having with their child. Doctors will assess the reports and then parents will be contacted for an appointment.</b>
		Dr Andrew	Bullock	
<b>Perth Kids Clinic</b> admin@perthkidsclinic.com.au 6185 1249 Fax: 6558 0530	SOUTH PERTH	Dr Rajiv	Shah	Books closed. GP referrals only.
		Dr Nitin	Rajput	
		Dr Raghu	Dharmapuri	
		Dr Geoby	Paul	
		Dr Srinivas	Porredy	
<b>Perth Paediatrics</b>	RIVERTON	See listing under Central & Western Suburbs of Perth – Subiaco.		

## 03 Southern Suburbs

Paediatric Practice	Suburb	Paediatricians		Availability
<b>St James Family Medical &amp; St James Specialist</b> 9352 2910 info@stjamesfamilymedical.com.au Please provide GP referral initially. Additional supporting documentation is requested when the child is accepted onto the waitlist. Children turning 16 by the end of the year or older will not be accepted as neither paediatrician will commence care of patients 16 years +.	HAMILTON HILL	Dr Benedicta	Itotoh	<b>Accepting referrals however wait times are currently at term 1 next year (2024). Dr Itotoh does not treat patients with tic disorders.</b>
		Dr Pratima	Gulati	<b>Currently accepting neurology, developmental and general medical referrals. Relocating from Canada, commencing in late March 2023. Wait time currently of term 3 2023 but likely to be longer. Dr Gulati does not conduct ASD assessments.</b>
<b>Wexford Kids</b> 6317 9565 info@wexfordkids.com.au	MURDOCH	Dr Alpana	Kulkarni	Books closed.

## 04 Eastern Suburbs

Paediatric Practice	Suburb	Paediatricians		Availability
<b>Richard Christie</b> 9274 6982	MIDLAND	Dr Richard	Christie	Waitlist of approx 12 months.

## 05 Regional Western Australia

Paediatric Practice	Suburb	Paediatricians		Availability
<b>HOPE Clinic</b> 9774 3811 referrals@hopepaediatricclinic.com.au www.hopepaediatricbusselton.wordpress.com	BUSSELTON	Dr Anand	Deshmukh	Unable to confirm but likely to be closed to new patients given current referrals.
		Dr Archana	Deshmukh	
<b>Bunbury Paediatrics</b>	BUNBURY	Dr Barbara	Ley	Books closed for developmental and behavioural referrals. Accepting medical referrals only.
		Dr Stephen	Adams	
<b>Dr Harvey Graham</b> 92722 1985 harveygrahampaed.reception@gmail.com	BUNBURY	Dr Harvey	Graham	Books closed for developmental and behavioural referrals. Permanent south west residents only.

There is a comprehensive database of psychiatrists at: [www.yourhealthinmind.org/find-a-psychiatrist](http://www.yourhealthinmind.org/find-a-psychiatrist) however listings may be out of date.

**05 NORTHERN SUBURBS 14**

- Health in Mind
- Dr Johana Stefan
- Marian Centre
- Oqea Cares (Salvado)
- Perth Clinic
- Dr Roger Paterson
- Suite 306
- The Elizabeth Clinic
- The Swan Centre
- The Swiss Family Clinic
- WA Psychiatry and ADHD Clinic
- West Health Psychology

**06 SOUTHERN SUBURBS 16**

- Child Psychiatrists
- Fremantle Psychiatry
- Head Office Health
- Yulia Furlong

**07 TELEHEALTH (INTERSTATE) 16**

- Call in Mind

# 5 Northern Suburbs

Paediatric Practice	Suburb	Psychiatrists		Availability
<b>Health in Mind</b> 6183 1908 hello@healthinmind.com.au	NEDLANDS	Dr Kavitha	Lakshminarayanan	Books closed. Consultant Psychiatrist.
<b>Dr Johana Stefan</b> info@drjstefan.com.au	SUBIACO	Dr Johana	Stefan	Books closed. Dually trained paediatric Psychiatrist.
<b>Oqea Cares</b> (incorporating Salvado) 6559 6900 hello@salvado.com.au	SUBIACO	Dr Jaroslaw (Jarek)	Hyrniewicki	Books closed. Consultant Psychiatrist both Child / Adolescent and General Psychiatry.
		Dr Chacko	Varughese	Consultant Psychiatrist. Patients aged 12 years. Interest in treatment of psychotic and mood disorders. Does not assess or manage patients with primary diagnoses of ADD / ADHD, autistic spectrum disorders or eating disorders.
		Dr Fortunate	Mchechesi	Consultant Psychiatrist. 16 years plus. Special interests in mood and anxiety disorders, OCD and PTSD, ADHD.
		Dr Carolyn	Haskey	Books closed. Consultant Psychiatrist. Initial assessments and ongoing management for 17 years +. Interests include ADHD, anxiety and depressive disorders.

# 5 Northern Suburbs

Paediatric Practice	Suburb	Psychiatrists		Availability
<b>Perth Clinic</b> 9481 4888 info@perthclinic.com.au	WEST PERTH	Dr Jaroslaw Hryniewicki		Books closed. Consultant and Child Psychiatrist. Specialty in adolescent psychiatry (12-20 years), ADHD.
		Dr Julia Charkey-Papp		Books closed. Consultant Psychiatrist. Books closed and not accepting referrals for new patients. Cannot accept cases for children younger than 13 years.
<b>Dr Roger Paterson</b> 9389 5155 37reception@gmail.com	NEDLANDS	Dr Roger Paterson		Very limited availability for new referrals 16 years+. Psychiatrist. Assessment and treatment of ADHD in teenagers and adults starting about 16 and continuing into later life.
<b>Suite 306</b> Hollywood Consulting centre 9389 9617 reception@suite306.com.au www.suite306.com.au	NEDLANDS	Dr Davinder Hans		Books closed. Consultant psychiatrist. Interest in youth mental health.
<b>The Elizabeth Clinic</b> 9384 4565 enquiries@elizabethclinic.com.au	NEDLANDS	Dr Caroline Zanetti		Books closed. Senior Psychiatrist.
		Dr Katie Niven		Books closed. Senior Psychiatry Registrar.
<b>The Swan Centre</b>	CLAREMONT	Dr Victor Cheng		Can only be accessed by those receiving treatment for eating disorders through The Swan Centre.
		Dr Stuart McCormack		
<b>The Swiss Family Clinic</b> 6255 5333 info@swissfamilyclinic.com.au	SUBIACO	Dr Hayden Wilson		Books closed. Child and Adolescent Psychiatrist.
<b>WA Psychiatry and ADHD Clinic</b> 6154 2850 admin@wapsychiatry.com.au www.wapsychiatry.com.au	KARRINYUP	Dr Lewis Walker		Unable to confirm availability. Psychiatrist. Information on new referrals is here: <a href="https://wapsychiatry.com.au/new-referrals/">https://wapsychiatry.com.au/new-referrals/</a>
<b>West Health Psychology</b> 9284 1767 admin@westhealth.com.au www.westhealth.com.au	WEST LEEDERVILLE	Dr Michelle Trowse		Books and waitlist closed indefinitely. Child and Adolescent Psychiatrist.

## 6 Southern Suburbs

Paediatric Practice	Suburb	Paediatricians		Availability
<b>Child Psychiatrists Perth</b> 9259 0689 cpp@lifepointclinic.com.au	WILLETTON	Dr Vineet	Padmanabhan	Books and waitlists closed. Consultant Child and Adolescent Psychiatrist.
		Dr Pradeep	Rao	Books and waitlists closed. Consultant Child and Adolescent Psychiatrist.
<b>Fremantle Psychiatry</b> 9335 5966 www.fremantlepsychiatry.com.au	FREMANTLE	Dr Ingo	Beer	Books closed. Child and Adolescent Psychiatrist.
<b>Head Office Health</b> 9438 1976 info@headofficehealth.com.au www.headofficehealth.com.au	FREMANTLE	Dr Paul	Simons	Child and Adolescent Psychiatrist. Not currently accepting referrals for ADHD assessments. Multi-disciplinary mental health practice - clients will not be accepted for psychiatric review only. In order to see Dr Paul Simons the young person will have to be engaging in therapy at Head Office Health.
<b>Yulia Furlong</b> 6186 9756 reception@wexfordpsychiatry.com www.wexfordpsychiatry.com	BOORAGOON	Dr Yulia	Furlong	Books closed.

## 7 Telehealth

Paediatric Practice	Suburb	Paediatricians	Availability
<b>Call to Mind</b> Telehealth video calls using a secure Australia-based telehealth platform. www.calltomind.com.au/i-want-to-see-a-psychiatrist#see-a-psychiatrist			<p>Not currently accepting referrals for Child and Adolescent Psychiatry.</p> <p><b>WARNING:</b> the current restrictive requirements of the Medicines and Poisons Regulations 2016 only allow the Department of Health to authorise a WA based specialist as an 'authorised stimulant prescriber' and, similarly, a GP can only be nominated as a co-prescriber by a WA 'authorised stimulant prescriber'.</p> <p>As the WA legislation only applies within the WA borders, the Department is unable to authorise an interstate specialist as an 'authorised stimulant prescriber' in WA.</p> <p>If treatment is with Schedule 4 medicines (e.g. atomoxetine, guanfacine), there is no impediment through the Medicines and Poisons legislation as there are no additional authorisation requirements to prescribe any Schedule 4 medicines. Similarly, any non-pharmacological treatments are not regulated through the Medicines and Poisons legislation.</p>



# ADULT ADHD ASSESSMENT & TREATMENT

I have started this list as many parents often become interested in being assessed for ADHD too.

Paediatric Practice	Suburb	Paediatricians		Availability
<p><b>REFERRALS FOR 21 YEARS + ONLY</b>  <b>Dr Anthony (Tony) Mander</b>            Hollywood Medical Centre            (08) 9386 7855            reception@drtonymander.com            www.dr-tony-mander.com.au</p>	ONLINE ONLY (NEDLANDS)	Dr Tony	Mander	<p>Psychiatrist. Treatment of adults aged 21 and above with ADHD. Office closed 3-26 April 2023.</p> <p>"Standard" assessment and treatment is now closed for referrals.</p> <p>New "enhanced care plus" package. Limited places but when they are there is no waitlist and your assessment can commence immediately. Note fees as at 10/3/23 for this package are listed as \$2,000 for assessment and \$2,000 per year for treatment. Fees are paid in advance. For full details visit: <a href="https://www.dr-tony-mander.com.au/fees/">https://www.dr-tony-mander.com.au/fees/</a></p>
<p><b>Marian Centre</b>            9486 7399</p>	WEMBLEY	Various		Not confirmed.
<p><b>Perth Clinic</b>            9481 4888            info@perthclinic.com.au</p>	WEST PERTH	Dr Daniel	Hacking	Consultant Psychiatrist. Accepting new assessments for ADHD [source: Perth Clinic website 10/3/23].
<p><b>REFERRALS FOR 17 YEARS + ONLY</b>  <b>WA Psychiatry and ADHD Clinic</b>            6154 2850            admin@wapsychiatry.com.au            www.wapsychiatry.com.au</p> <p>Please follow the advice on their website for new referrals.</p>	KARRINYUP	Dr Lewis	Walker	Psychiatrist. Special interest in ADHD, mood disorders, anxiety disorders, addiction, personality disorders and psychosis. Face-to-face and telehealth assessments available. Also able to admit at Perth Clinic.
		Dr Deanna	Grose	Consultant psychiatrist. Special interest in ADHD and anxiety disorders. Also at Perth Clinic.
		Dr Varun	Sharma	Consultant psychiatrist. Special interest in ADHD. Also at Perth Clinic.
		Dr Andrew	Robinson	Consultant psychiatrist. Available for ADHD assessments and evidence based treatment plans for patients aged over 17 years.

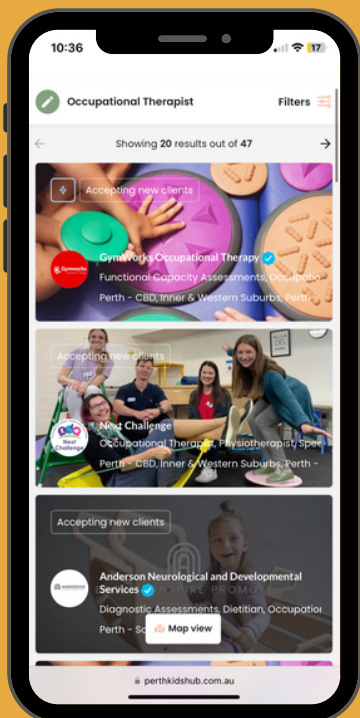
# Disclaimer

Every effort has been made to ensure that the information contained in this update is correct and up-to-date at the time of publishing, however as availability constantly changes, this cannot be guaranteed.

This directory does not contain all of the services in Perth or endorse any of the providers listed.

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This directory is free for families, health and education professionals and may be shared.



# ABOUT

Perth Kids Hub is a local website that helps parents find Perth's \*amazing\* paediatric therapists, specialists, educators and schools who help children who learn, think or develop differently. Because we all want happy, healthy kids.

GET LISTED ON PERTH KIDS HUB  
AND HELP FAMILIES FIND YOU



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VISIT THE WEBSITE  
[www.perthkidshub.com.au](http://www.perthkidshub.com.au)